Contact a Family

Contact a Family is a national charity aimed at helping families who care for children and young people with any disability or special need. There is a regional office in the North East which offers a range of services including signposting to services and local/national support groups; providing information about specific conditions and producing a wide range of publications and fact sheets on a variety of issues affecting families including free regional newsletters and email bulletins which advertise details of local events and services, leisure opportunities and national news items.

Nationally, Contact a Family also runs a Freephone Helpline offering advice on rights and entitlements and has recently launched the only country-wide advice service for Special Educational Needs (SEN) – The SEN National Advice Service. This service will help families whose child may have special educational needs – they will be able to provide advice and information on any aspect of their child’s education. Help is available through the helpline on 0808 808 3555 (open Monday to Friday 9.30am to 5.00pm), or post a query on Facebook or Twitter and a SEN adviser will get back to you. Alternatively, you can drop an email to helpline@cafamily.org.uk. For more information contact locally, please contact Contact a Family (North East), Dene Centre, Castle Farm Road, Gosforth, Newcastle NE3 1PH. Telephone: 0191 213 6300, Fax: 0191 213 6300 Email: northeast.office@cafamily.org.uk / info@makingcontact.org. The national website can be found at: www.cafamily.org.uk The local pages of this website can be found at: www.cafamily.org.uk/northeast